



NCHU Fall 2010 Keeper Training

[<Click Here for the Registration Form>](#)

NCHU Soccer is once again pleased to continue “The Keeper Training Series”. Training will be provided by Skills Unlimited Soccer Academy (S.U.S.A) a local, professional training organization.

Keepers will be divided into beginner / intermediate and advanced classes with a dedicated professional instructor for each group.

Keeper training allows players to get the specialized training they need in an educational and competitive environment. In addition to reviewing the basic techniques, goalkeepers will continue to learn new ideas and techniques regarding all aspects of the position. Develop the necessary skills and tactical understanding of the goalkeeper position through dynamic exercises, including when and how to catch, dive, receive crosses, come off your line, goal kicks, punting and distribute the ball to teammates.

Deadline to register is September 15th, 2010. After that, there will be a wait list.

Registration:

Complete the [attached registration form](#) and mail it along with your payment.

Make check payable to: NCHU Soccer Club

Mail or drop off check and registration to: 38 Old Hills Ct. Greenlawn, NY 11740

Dates of Training:

Mondays – September 20, 27 – October 4, 18, 25 – November 1, 8, 15

Times:

All Ages - Boys & Girls.....4.30 to 6.00 pm.

Training Location.....Northport Soccer Park

Cost per keeper playing with an NCHU team..... \$50.00

Cost per keeper NOT playing with an NCHU team..... \$100.00

Equipment Needed: Each keeper must bring their own water, cleats, shin guards, gloves and ball. Dress accordingly for the current weather conditions.

Questions to be directed to the Keeper Coordinator, Joe Bonifazio via e-mail to jmbonifazio@masterphc.com or call 516.779.5694