



Northport Cow Harbor United Soccer Club, Inc.

Operating Rules and Regulations

2011

Version 4

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OPERATING RULES AND REGULATIONS

SECTION I - Tryouts, Player Evaluation, Team Selection, Coach Selection and Movement between Teams All Age Groups

Tryout dates are to be announced via local media, flyer distribution at schools, recognized web-sites and at www.NCHU.org, prior to June 1st.

Tryout procedures and team selection process, to be published on www.NCHU.org, in advance.

The NCHU Board of Directors (“Board”) will be responsible for the oversight of the following activities:

- Tryout Process
- Player Evaluation
- Team Selection
- Movement between teams

The Board will be responsible for the following activities:

- Coach Selection and Approvals
- Assistant Coach Approvals
- Assignment of Age Group Administrators
- Approving Trainers

The following sections of this document defines the specific procedures for each age group

Player specific regulations:

1. NCHU encourages players to play for the appropriate team within their age group as defined by the Long Island Junior Soccer League (LIJSL) regulations. A player who is requesting to play up based on the LIJSL cut off dates but is “grade appropriate” for the age group for which the player is requesting to play in, may not be denied the request to play “grade appropriate”.

SEASONAL YEAR – and eligibility for proper age to play for a desired team can be referenced on Long Island Junior’s website www.lijsoccer.com

U-8

Fall Season - Developmental

Trvouts

Tryout evaluators:

1. The tryout evaluators will be chosen by the Board,

Player evaluations:

1. Tryout evaluators will prepare a player evaluation on each candidate and an overall ranking of all candidates that participate in the tryout.

Team and Coach Selection

1. Team selection process is to be coordinated by age group administrator.
2. Prior to the start of the team selection process age group administrator and the Board will agree, , as to the number of teams, where the teams will be placed competitively and the roster size, prior to the start of the team selection assignments.
3. Under the supervision of the age group coordinator, the board will coordinate and conduct a team selection draft. It is the intent of the Board to establish teams within the pool of players at tryouts to place teams in a league in their appropriate division to be competitive.
4. Upon completion of the team selection draft, the age group administrator will present the rosters and the pool of recommended coaches to the board for coach assignments. The board and the age group administrator will assign the coaches and make necessary roster trades to ensure that all coaches are coaching their own child's team. Head coaches have discretion to select assistant coaches subject to board approval.

5. The players may be posted by tryout number on the NCHU website. Coaches are to follow up with a phone call confirming the acceptance of the player to their roster and will then continue with the NCHU registration process for players assigned to their team. Players who elect not to join the team they are assigned may be replaced by players who were not previously selected, or the coach may elect to not fill the roster spot.

6. Team placement is considered final. There is no appeal process in the U-8 age group. Parents with conflicts will be directed to the age group administrator to resolve any issue, if a resolution cannot be made they will be directed to the Board for final decision. Parents with hardships will be directed to the Board for any possible consideration regarding changes or accommodations in the team selection process in the U-8 age group. All rosters are approved by the Board.

Movement between teams

1. In-season - There will not be movement of players between teams within any given season. A player, who starts a season (Fall or Spring) with a team, will not be asked to move to another team during that season unless Board approved. When the fall season is complete movement with any player must be Board approved.

2. In the case of hardships, or extenuating circumstances, families may appeal to the Board to request a change of team placement.

U-9 U-10, U-11, and U-12

Tryouts

Tryout evaluators:

1. Independent evaluator(s), paid by NCHU, will be provided for the U-9 and U-10 tryouts. Ideally the independent evaluator(s) will be the individual(s) or organization that will provide Pool Training for the U-9 and U-10 age group.
2. All coaches in the pool of Board recommended coaches for the U-9 and U-10 age group can observe the independent evaluators during the U-9 and U-10 tryouts.
3. All coaches in the pool of Board recommended coaches for the U-11 and U-12 age groups will function as the tryout evaluators during the U-11 and U-12 tryouts.

Player evaluations:

1. In U-9 and U-10, the independent evaluators, assisted by the pool of participating coaches, will prepare a player evaluation on each candidate and an overall ranking of all candidates that participate in the tryout. Teams will be selected in A,B,C etc. format.
2. In U-11 and U-12, the board recommended coaches will prepare a player evaluation on each candidate and an overall ranking of all candidates that participate in the tryout. Teams will be selected in A,B,C etc. format.

Team Selection and Coach Selection

1. Team selection process is to be coordinated by age group administrator.
2. In U-9 and U-10, prior to the start of the team selection process the age group administrator will present to the Board the final player evaluation list and the list of nominated coaches for the age group. The Board will determine the number of teams and appoint a head coach for each team in the U-9 and U-10 age groups.
3. Based on the turnout at tryouts, the board has the discretion to add or drop teams and appoint the respective coaches.
4. In U-9, U-10, U-11, and U-12, head coaches have discretion to select assistant coaches, subject to Board approval.
5. In U-9 The player evaluators will be independent evaluator(s), paid by NCHU. Ideally the evaluator(s) will be the individual(s) or organization that will provide Pool Training to the age group. Tryout evaluators will prepare a player evaluation on each candidate and an overall ranking of all candidates that participate in the tryout. Upon completion of the team selection draft, the age group administrator will present the rosters and the pool of recommended coaches to the board for coach assignments. The board and the age group administrator will assign the coaches, roster changes can be made to ensure that all coaches are coaching their own child's team. Head coaches have discretion to select assistant coaches subject to board approval. Parents with conflicts or hardships will be directed to the Board for any possible consideration regarding changes or accommodations in the team selection process in the U-9 age group.
 - 5.a In U-10 Independent evaluator(s), paid by NCHU, will be provided for the U-10 tryouts. Ideally the independent evaluator(s) will be the individual(s) or organization that will provide Pool Training for the U-10 age group. All coaches in the pool of Board recommended coaches for the U-10 age group can observe the independent evaluators during the U-10 tryouts. Upon completion of the evaluation process for U-10 , the previous season head coaches will meet as a group and agree upon player rankings to form teams. The selection will start with the highest ranked players to form the A team. After completion of the A team, the B team will select the next highest ranked players then the C team will select continuing until completion of the team selection process This will establish the preliminary rosters documented on a master copy maintained by the age group administrator. All previous coaches in the age group should sign the preliminary master copy acknowledging their participation in the process.
 5. b In U-11 and U-12 Upon completion of the evaluation process for U-11 and U-12, the previous season head coaches will meet as a group and agree upon player rankings to form teams. The selection will start with the highest ranked players to form the A team. After completion of the A team, the B team will select the next highest ranked players then the C team will select continuing until completion of the team selection process This will establish the preliminary rosters documented on a master copy maintained by the age group administrator. All previous coaches in the age group should sign the preliminary master copy acknowledging their participation in the process.

6. Upon completion of the team selection draft meeting each team may post on the NCHU website the player's tryout number only that coordinates with his/her team. The coaches will be appointed by the board and the A team coach will be asked to roster all players within 48 hours of the selection meeting. Upon completion of the A team roster, the B team coach will be asked to roster all players within the next 48 hours, then the C team etc.

7. The club views the evaluations and team placements as final upon completion of the tryouts and establishment of the preliminary roster. There are no appeals in the U-9 age group but for U-10 thru U-12 there may be circumstances that will cause preliminary rosters to change. The club addresses the following:

a. If a player appeals an invitation to a team, and is not going to play in the respective NCHU age group they were selected for, (leaving the club or moving to a grade or age appropriate age group) the coach of the declined team has the right to eliminate the roster spot, or to select a player from the preliminary roster of the next lower team-

b. If a player chooses to appeal their placement on a team, and wants to play for a lower team within the respective age group, the inviting coach will discuss the NCHU team placement appeal process. In addition, the coach will email the NCHU appeal process document to the player's parent(s) or guardian(s) and copy the age group administrator and Board. This process is designed to provide relief in cases of conflict or hardships that might exist if the player were to be encouraged to play on the inviting team, while providing a review process to maintain the integrity of the NCHU mission statement:

1. *To help form the character of our youth regardless of race, sex, color, creed or national origin through the organization and operation of a youth soccer club providing free instruction, facilities, and an environment of healthy competition.*

2. *To promote the spirit of sportsmanship and healthy competition among all participants.*

3. *To promote the highest level of soccer by developing each player and each team to its highest potential.*

c. A player's parent must file an appeal via telephone within 48 hours of receiving notification of team placement. The parent will be instructed to call a designated member of the Board to begin the process.

d. The Board will not act on any of the appeals until after the 48 hour window expires in order to ensure that all appeals have been filed prior to ruling on anyone appeal case to avoid inconsistent rulings.

e. The Board will call all of the involved coaches and attempt to present a solution based on these conversations. If the Board cannot resolve the appeal a hearing will be called for all parties to attend. The Board must render the final decision on all appeals.

f. Once all appeals are resolved, the roster process resumes. Each player must roster within 48 hours of notification of their team placement or they could possibly lose their roster spot.

g. Upon completion of the final rosters, the remaining players who were not selected for a team must be notified by telephone of their status. The final coach in the process will email the list to the age group administrator. The age group administrator will divide the players up and assign each head coach with a list of player(s) to call to inform them of their status. When all rosters are complete they must be approved by the Board.

Movement between teams

In-season –

1. Movement of players between teams within any given season is not permitted. A player who starts a season (Fall or Spring) with one team will not be allowed to move to another team during that season. Any issue of movement must be brought to the Board's attention regarding movement of players.

Between seasons –

1. All movement requests must be filed with the age group administrator in writing by the respective coach who wants to add or drop a player.

a. Coaches looking to add a player from a lower seeded team within the age group must first have Board approval.

b. If a player wants to voluntarily move between teams in between seasons, they must contact the age group administrator. The process will be handled in the same manner as an appeal would be handled in tryouts where the age group administrator will contact all parties involved. The Board will render a final decision.

c. A coach may not drop a player between seasons involuntarily, except for disciplinary reasons with approval from the Board.

U-13 through U-19

Tryouts

Tryout evaluators:

1. Under the supervision of the age group administrator all coaches in the pool of Board recommended coaches will function as the tryout evaluators for the respective age group.

Player evaluations:

1. Under the supervision of the age group administrator the participating coaches, will prepare an overall ranking of all candidates that participate in the tryout.
2. Any player that wishes to tryout and play up can only tryout for the club's determined "A" team. If the club has their top teams in the same division the "A" team will be determined by the Board.

Team Selection and Coach Selection

1. Team selection process is to be coordinated by the coaches, overseen by the age group administrator. Each team is encouraged to have independent team tryouts to be held on the same day in coordination with the other teams in their age groups. Any team can have an independent team tryout on separate days from their respective age group but the coaches must still work together to help roster and place all players on teams in the age group.
2. The head coaches will be selected prior to the tryouts at the discretion of the board. Based on the turnout at tryouts, the board has the discretion to add or disband teams and appoint the respective coaches. Head coaches have discretion to select assistant coaches subject to Board approval.
3. Upon completion of the evaluation process, the appointed head coaches may post his/her team by tryout number on the NCHU website after the last game of the season is played and not before. Coaches will follow up with a phone call to their players selected to confirm their roster spot and then continue with NCHU registration process. Coaches have final say as to the roster size for their respective team. This will establish the preliminary rosters documented on a master copy maintained by the age group administrator. Players trying out for independent teams may try out for more than one team to ensure a placement with NCHU. Coaches must communicate together to make sure players are not chosen for two teams. All coaches in the age group shall sign the preliminary master copy acknowledging their participation in the process. All rosters are approved by the Board.

4 The club views the evaluations and team placements as final upon completion of the tryouts and establishment of the preliminary roster. There may be circumstances that will cause preliminary rosters to change. The club addresses the following:

a.. For the age groups U-13 through U-19, our goal is to maintain the integrity of the NCHU mission statement:

1. *To help form the character of our youth regardless of race, sex, color, creed or national origin through the organization and operation of a youth soccer club providing free instruction, facilities, and an environment of healthy competition.*

2. *To promote the spirit of sportsmanship and healthy competition among all participants.*

3. *To promote the highest level of soccer by developing each player and each team to its highest potential*

b. Upon completion of the final rosters, the remaining players who were not selected for a team must be notified by telephone of their status. The final coach in the process will email the list to the age group administrator. The age group administrator will divide the players up and assign each head coach with a list of player(s) to call to inform them of their status. All rosters must be approved by the Board.

Movement between teams

There will be no involuntary movement of players between

teams. **Other tryout administrative items, all age groups:**

Requirement to participate in tryouts

All players wanting to play in NCHU must participate in tryouts. In situations where a player has previously played for NCHU and is injured or otherwise unavailable for the tryouts as scheduled, the player should register at, or before, tryouts to ensure that they are evaluated based on past participation in NCHU. Players who do not participate in tryouts may only be added to an NCHU roster with permission from the Board.

Documentation process for tryout administration:

Standardized NCHU Tryout Administration Forms are to be prepared, and/or updated, annually prior to the start of the first day of NCHU scheduled tryouts, and posted on the NCHU website. The age group administrator will be responsible for each tryout being conducted according to the stated NCHU policies and assure that the process is documented on the clubs standard forms.

These forms will document the process from registration through the notification of all players as to their team placement, or respective denial of a spot on an NCHU roster. All age groups are required to document their respective tryout process. At registration, all tryout documentation is to be submitted to the age group administrator. Tryout documentation will include the signatures of all individuals who participated in the selection of teams. Forms will include, but may not be limited to:

- a. Player and team registration process
- b. Pre-numbered tryout and attendance administration control sheet
- c. Preliminary roster form for completion after tryout and team selection meeting.

This form will include signatures of all participating coaches and age group administrator.

- d. Request to play up form
- e. Team placement appeal form. This form will include sections for documenting appeal, ultimate resolution and signature of the deciding officials.

SECTION II - THE PLAYERS

1. Each player shall be charged a registration fee. The fee schedule will be determined each season by the Board of Directors. If possible, reduced fees shall be charged to families with more than one player registered with the club. Reduced fees for hardship cases are available. Applications for hardship cases are available on NCHU.org

2. The club encourages players to play within their appropriate age group commensurate with their skill and ability level. Players may request permission from the Board to play in an older age group in accordance with the procedure described herein.

3. Coaches wanting to drop a player for disciplinary reasons shall notify the age group administrator and the Board to discuss the disciplinary action.

4. A player who engages in conduct prejudicial to the spirit and purpose of the Club may be suspended, or in extreme cases, expelled from participation in Club teams. Such action shall be taken by majority vote of the Board.

5. To pick up a player from another Club, the player's pass must be surrendered to the LIJSL by the player's former Registrar. The new player must have their name and pass number deleted from the former club's roster before they may be registered with the Club.

6. No Club coach, trainer, parent, player, or other Club member shall poach a player on the roster of a LIJSL registered team.

7. Players who have been on the roster of a Club team within the previous year and are seeking to tryout in an older age group shall declare their intent to the Board. The player shall declare their intent by notifying the Board in writing by submitting a request to play up form. The request shall be presented to the Board no later than the scheduled Board meeting immediately preceding the tryouts. A copy of the notification shall be provided to the coach of the Club team for which the player last played and the age group administrator. The Board may not permit the player to attend the tryout without first providing the appropriate notification.

8. When players who have not been on the roster of a Club team within the previous year attend the tryouts for an older age group, the coach shall encourage the player to attend the tryout for the correct age group. The player will be permitted to attend the older tryout and the coach shall notify the age group administrator. The coach shall not commit to the player without providing the coaches in the player's correct age group an opportunity to contact the player. The Registrar shall not register the player until the Board is satisfied that all the notifications have been made.

9. All players wanting to play for an older age group do so at the discretion of the Board. At the Club registration coaches shall list all under age players on the "Notice of Players Playing Up" form.

SECTION III - TEAMS

1. Teams are assigned to a tiered structure. Each team will be designated as "A", "B", "C", "D", "E", "F" etc.. The team designation will be based on the level of play, player abilities and LIJSL. The strongest team and highest competitive division is designated at the "A" team. The "B" team designation is the next level of ability and next higher division. Subsequent team designations will be assigned in the same manner.

2. Teams will be selected according to the Tryouts, Player Evaluation, Team selection Coach Selection and Movement between teams process as defined in section I of these Operating Rules and Regulations.

3. New teams will be formed after Board approval by conducting all open and publicly announced tryout as detailed in Section I above.

4. U-8, U-9, U-10, U-11 and U-12 teams are required to have a roster where 75% of the players are from the Northport-East Northport surrounding area and where 75% of the players are in the designated age group or grade.

5. Where there are two or more teams in an age group, the team in the highest division will be designated the "A" team for purposes of player selection. Lower teams will be ranked according to division level or in cases of teams playing in the same division, by final seasonal standings.

6. Teams playing in Long Island Junior will have a team account kept by the club in a general account;

- A minimum balance of \$100.00 is required
- All requests for funds must include an explanation.
- All penalties yellow/red cards and other fines are deducted from the team account.

7. Fundraising requests must be submitted in writing through the age group administrator to the Board for their approval.

- A \$2,500 maximum limit per fundraising event is allowed, unless otherwise approved from the Board.
- All fundraising proceeds must go directly into the team account.

Tax exemption forms are available for fundraising events (if applicable)

SECTION IV – COACHES

1. Every coach and assistant coach will apply to the Board in writing annually for approval to continue in their positions. The Board will appoint all coaches in accordance with section I above and any coach who engages in conduct prejudicial to the spirit and purposes of the Club maybe removed upon a two-thirds vote of the entire Board.
2. Every team is to have one (1) head coach who is a registered supervisor with the LIJSL and who will be accountable for all responsibilities stated herein. All coaches and trainers must also be AED and CPR certified.
3. Each team must have at least one (1) assistant coach selected by the coach. The assistant coach candidate must complete a coaching application and present it to the board. Board approval is required for all assistant coaching appointments. The assistant must be a registered supervisor of the LIJSL and capable of managing the team in the absence of the coach.
4. All coaches, assistants, and trainers are required to obtain Risk Management clearance by ENYYSA and LIJSL as well as any other league they are participating in.
5. No one may coach for more than one team for the Club without Board approval.
6. All head coaches who currently do not hold a license from the USSF, LIJSL or the Eastern New York State Coaching School, are expected and strongly encouraged to obtain at a minimum, the respective license for their age group within one (1) year from their appointment as coach. All head coaches, assistant coaches, as well as any voting member of the Club, upon successful completion of the course, will be entitled to a reimbursement of 100 % of the fees paid for the course.
 - U-10 to U-13 State F or LIJSLC
 - U-12 to U-15 State E or LIJSLB
 - U-16 to U-19 State D or LIJSLA
 - As of the Fall 2008 season, all U8, U9 and U10 coaches and all new NCHU coaches are required to take the Positive Coaching Alliance (“PCA”) courses. Thereafter, all new coaches and trainers will be required to take the PCA courses.
7. No coach may disband a team without prior approval of the Board.
8. Any individual wanting to coach for the Club shall submit their coaching application request in writing to the Board. The Board will review all applicants, and by majority vote approve or disapprove the request.
9. Each coach and assistant must be familiar with current LIJSL rules regarding cancellations, rescheduling or any other rules pertinent to their team.

10. Coaches are to have in their possession a current notarized medical release for each player at all games and practices.

11. Other coaching responsibilities and characteristics include:

- a) Takes the required class training/seminars and attend annually a CPR/First Aid class if provided by the Club.
- b) Coaches must participate when development/training sessions are scheduled. c) Is aware of the needs of their players.
- d) Participates in Club activities.
- e) Encourages; good sportsmanship and corrects examples of poor sportsmanship on the part of parents and coaches.
- f) Performs player evaluations.
- g) Helps recruit players for age group and Club.
- h) Strives to upgrade their coaching knowledge and skills, including appropriate licenses.
- i) Adheres to all guidelines provided in Section I of the Operating Rules and Regulations.
- j) Recommends; and encourages their best players to move up. k) Acceptable appearance of the team and coaches
- l) Northport is a smoke-free school district, no smoking by parents or coaches is permitted. Alcohol consumption is also prohibited.
- m) Field safety and field cleanup. Each coach must survey the field before practices and games to ensure its safety. The cleaning up of Northport fields after practices and games is the responsibility of the coach. The last team scheduled to play a game or practice on each field is responsible for cleaning the field and disposing all trash. Failure to do so may result in possible fines and the loss of practice facilities.
- n) Coaches are responsible for all actions of the team's trainer. Any detrimental actions on part of the team trainer will be the responsibility of the coach.

SECTION V- AGE GROUP ADMINISTRATORS/SUPERVISORS

1. Characteristics and responsibilities of the Age Group Administrators/Supervisors include:
 - a) Must supervise players, coaches and teams in age group. b) Supervise and coordinate tryouts as detailed in Section I.
 - c) Coordinate placement and voluntary movement of players.
 - d) Recommended the selection, movement or withdrawal of coaches. e) Meet with all coaches jointly, a minimum of two times per season. f) Develop communications between coaches.
 - g) Attend games and practices, as feasible.
 - h) Assure that proper training is taken by coaches.
 - i) Liaison between coaches, parents and players and communicates issues to/from the Board.
 - j) May not have a child playing in the age group; may not be a coach in the age group; or may not have any vested interest in the age group.

SECTION VI- UNIFORMS

1. The official Club colors are navy blue, and white. Only those uniforms authorized by the Board may be worn during competition for the Club.
2. Uniform colors are essential to the spirit, harmony and unity of the Club and every coach will be responsible to foster this goal by ensuring that all players are properly outfitted for games. It is required that all teams possess home and away approved uniform shirts.
3. All players, except goalkeepers, that participate in League games, Cup games and tournaments must wear the complete Club uniform, which consists of a regulation shirt, shorts and socks. Any team whose players are not in complete regulation uniform shall be issued a warning by the Board for the first occurrence. A fine of \$5 per player will be assessed against that team for any subsequent failure to be properly dressed.
4. No jewelry is permitted to be worn during games or practices. Shin guards and rubber cleated spikes are required to be worn for all games and practices.

SECTION VII- AMENDMENTS

1. These rules and regulations may be amended in accordance with paragraph XXII of the NCHU by laws.

SECTION VIII- EXCEPTIONS

1. Any problems or issues not specifically covered in these rules will be dealt with on an individual basis by the Board of Directors.

COACHES GUIDELINES

SECTION I - DROPPING PLAYERS

1. There will be no involuntary dropping of players after a player has been registered with a team for the fall season except for disciplinary reasons as approved by the board. When disciplinary situations arise, personal contact should be made with both parents and player. Age Group Administrators and/or Supervisors should be kept informed at all times. If there is a problem with a player's attitude or a player is, not attending game/practices, the coach should be sure to advise both parents and player and issue a warning. If the problem persists, the player may then be dropped. Again, coaches must keep their Age Group Administrators/Supervisors informed of what is going on at all times.

Below is a list of **DO NOTS** when considering dropping a player for disciplinary reasons:

- Send a letter
- Send a e-mail
- Leave a message
- Verbalize it to anyone but the necessary people involved

SECTION II- GAME SCHEDULES

1. The club will provide home fields to the Club teams. The specific fields which are available during a given season are published before the beginning of each season. A map with directions and field numbers is available from the Club on our website. (NCHU.ORG). This map should be duplicated and given to opposing teams prior to the beginning of the season.
2. There are, on the average, 9 to 10 games per season. There is usually an equal split between home games and away games, where possible.
3. Referees are required to contact the home learn coach prior to the scheduled game date. Take note of the referee's name and phone number in order to contact him/her should inclement weather prevail.
4. Any rescheduled games must be coordinated by the home team coach. It is the responsibility of the Home team coach to make arrangements for a field, date and time for their scheduled game. The Home team coach must then contact the opposing team, the Club Age Group Administrator and the LIJSI, Age Group Supervisor so that a referee can be assigned.
5. Policing of fields before and after games/practices are the responsibility of the coach.

SECTION III - PRACTICE FIELDS AND SCHEDULE

1. Practice field locations are in the general Northport/East Northport school district area and in town parks in the same vicinity. Practice fields must be kept in good condition and should be policed after each practice session. This is critical in order to ensure cooperation from the town and the School District for future use of the fields.
2. Practice field selections and schedules will be made at the general meeting prior to the beginning of each season. Teams will be allotted two (2) practice times during the week. Practice sessions are in 1- 1/2 hour blocks of time when available.

SECTION IV - INDOOR GYM FACILITIES

- 1 Each coach is responsible to obtain their own indoor training facility.

SECTION V - TEAM ORGANIZATION

1. Assistant Coach - there is a limit of three assistant coaches a team may carry. However, each assistant coach must be registered with the team. It is advisable that a card carrying coach or assistant coach other than the Head Coach should be present at all games. In the event a red card is issued to the Coach or a parent on the sidelines, another card carrying coach or assistant coach must be available. Should no qualified coach be present, the game will be forfeited.
2. Officers - each coach has their preferences to team organization. Some teams have managers, treasurers, fundraisers, etc. Whatever team organizational structure you select, remember coaching a team is a big responsibility in itself. Having other parents involved in the team management, reduces the coaches workload and develops team involvement and support by others. Consider at the minimum, a team manager.

SECTION VI – NCHU TOURNAMENTS

1. Pins or patches are usually exchanged at tournaments between teams. Club pins or patches can be acquired from the Pin/patch Coordinator.
2. Entry fees must be submitted with the application form.
3. Each tournament generally puts out a journal in which each team's roster is published. In addition, teams are solicited to place an advertisement in the journal..
4. NCHU sponsors a Columbus Day Weekend Tournament open to all Club teams and outside clubs up to Tournament capacity. The success of the Tournament is a result of participation by every team. (See Tournament Guidelines and Rules Manual.)
5. Permission to attend another prestigious tournament must be requested from the board in advance and in no event reduces the team commitment to the tournament. It is mandatory that all teams play in the tournament.

SECTION VII - UNIFORMS & EQUIPMENT

1. Uniforms are to be purchased at the designated NCHU retail vendor. The suggested approach is to have each player purchase their uniform in order to establish proper sizing and additional accessories. Numbers will be applied at purchase time, so players should be given their numbers beforehand.
2. Colors of the Club Restrictions - see "Operating Rules and Regulations, Section V - Uniforms".
3. Bags, Warm up Suits, Jackets must adhere to the colors of the Club as stated in the "Operating Rules and Regulations, Section V - Uniforms". Other than colors, there are no requirements on style, vendor or team logo.

SECTION VIII - SPORTSMANSHIP

1. All coaches are expected to conduct themselves, their team's players and parents in a manner that promotes good sportsmanship in accordance with the rules of conduct of the Club and LIJSL. Coaches hold the ultimate responsibility for that conduct.
2. A hearing by the Board will be held, if at anytime the conduct of a coach is alleged to be improper when dealing with his players, parents, opponents or referees. The Board may invoke appropriate penalties, including financial, suspension or dismissal.
3. A hearing will be held by the Board if an individual coach or player receives two red cards or five yellow cards during a season of play. The Board may invoke disciplinary action as cited in #2.
4. Game protests will be conducted in accordance with LIJSL rules.
5. All coaches must abide by the guidelines and spirit of the rules and regulations set forth in Section I of the Operating Rules and Regulations. Any coach not meeting these requirements may be removed by a majority vote of the Board.

SECTION IX – INCLEMENT WEATHER

1. The Club Field Coordinator is responsible for canceling any game up to two (2) hours prior to game time. The Home team must contact the opposing team coach, the referee and the respective LIJSL Age Group Supervisor. If within two (2) hours of game time, the game has not been cancelled, both teams must show up at the field of play. Only the referee at this time has the authority to cancel the game due to inclement weather.
2. If any team has a valid request to change a scheduled game, a "Game Request Form" must be submitted to the Registrar. This form must be signed by the Registrar prior to file date required and then submitted to the LIJSL.
3. Please inform the Club Field Coordinator and the LIJSL Age Group Supervisor prior to making any schedule changes.
4. The Home field coach must notify the assistant referee administrator in the event of a cancellation..

SECTION X- RESPONSIBILITIES OF HOME TEAM

1. Equipment – the Home team is responsible for providing a properly inflated game ball which should be given to the referee before the start of the game.
2. Uniform Color - coaches should coordinate uniform colors with the opponent before the scheduled game date. In the event that a color clash occurs, the home team will be responsible for changing uniform colors. Players should carry with them to all games alternate uniforms.
3. Coaches are required to enter scores by the LI Junior required times.
4. The home team is responsible to ensure that the field is left in a clean manor.

SECTION XI - COLD WEATHER RULES

1. Sweat pants or shirts worn during a game must be worn under the uniform. Hoods must be tucked in under the shirt. Sweats should be uniform color and conform to the colors of the Club. Though there is no specific rule governing the use of sweats in a game, referees generally will dictate the circumstances under which sweats will be allowed. Generally, referees will allow sweats at temperatures below 40 degrees F., especially for U-11 age groups and younger.

SECTION XII - REGISTRATION

1. The Club has seasonal registration for all players and coaches. Regulation packages will be made available to all coaches by the Club Registrar.
2. A Medical Release form must be filled out by each player, notarized and submitted to the Coach. These forms must be presented at registration time both at the start of the league season, and at tournament registrations as well. Coaches must carry these forms with them at all Club functions. This form allows the Coach to take necessary medical action when an injury occurs and the respective parents are not in attendance.
3. Coaches must reapply on an annual basis to coach a team in the Club. The Board will entertain requests to coach other teams in the Club. Coaches may also, with Board approval, coach more than one team in the Club.

SECTION XIII – CLUB MEETINGS

1. Each registered team is required to have a representative attend each general membership meeting. General Membership meetings are typically held on the first Tuesday of each month. Meetings begin at 7:30 p.m. unless otherwise stated and last for approximately one (1) hour. Attendance is taken at each meeting. The team representative must sign in order to avoid penalties.
2. Warning and financial penalties - a warning must be issued for the first violation of this rule and a \$25 fine for succeeding violations. The fines will be deducted from the team account.
3. Board Meetings are typically held immediately following each General Meeting and during the season an additional Board Meeting is usually scheduled each month.

SECTION XIV – INJURIES AND INSURANCE

1. Do not remove player from the field unless player can leave the field under their own power.
2. Local emergency numbers:

	<u>Northport</u>	<u>East Northport</u>
Ambulance:	757-1111	261-0360
Police:	911	911
Huntington Hospital:	351-2000	
Emergency Hotline:	261-1110	
3. Accidental Medical Insurance: The Registrar must be notified within 24 hours of an insured receiving medical treatment. All required paperwork which is required by our club, respective leagues, and insurances must be submitted in a timely matter.
4. Insurance is available as the final payee in the event of an injury.

SECTION XV – WEB SITE

1. The Club maintains a Web Site www.nchu.org which contains valuable club information.
Refer to the website for informational items, forms, training programs, team information, board information, attendance, and meeting minutes.

SECTION XVI - SCHOLARSHIP AWARD

1. The Club awards \$250 Scholarships to graduating boys and graduating girls who plan to attend an accredited post-high school program or college. The number of scholarships will be determined by the board.
2. Applicants must be in their senior year of high school and must have played a minimum of six (6) seasons for the Club. Two (2) of these seasons must have been played in the 9th through 12th grades.
3. Scholarships will be chosen by selection by the board.
4. Only one application will be accepted per student.
5. Applicants should submit a written essay on why they deserve the scholarship.
6. Applications may be mailed or brought to the May General Meeting or post marked and mailed no later than April 15th ensuring their application is received before the May general meeting.

SECTION XVII - CLUB AWARDS

I. The club shall issue the following awards seasonally to winning teams:

Sportsmanship:	\$75.00
Division Champions:	\$75.00
Long Island Cup Champions:	\$75.00
State Cup Champions:	\$100.00
Regional Cup Champions	\$100.00
National Cup Champions	\$100.00

SECTION XVIII – FINANCIAL ACTIVITY

1. The clubs financial activity shall be managed and controlled by the board .